# B.S.W. (Regular)

(Semester-I, II, III, IV, V & VI) (CBCS): 2019-20



Department of Social Work, Osmania University, Hyderabad Telangana-500 007

#### Semester-I

# DSC-1A SOCIAL WORK PROFESSION: CONCEPT AND PHILOSOPHY

- 1. Definition and Understanding Of Different Concepts and their Services; Social Work, Social Reform, Social Action, Social Development, Social Policy and Planning.
- Values of the Profession of Social Work; Belief in the Inherent Worth and Dignity of Human Person; Acceptance of Physical, Emotional, Social, Cultural and 'Spiritual' needs of the Individual, Capacity of the Individual for growth and change and the Right of Self Determination.
- 3. Social Service Tradition in the Indian Culture; Religious Roots of Charity and Philanthropy, Role of Institutions like the Joint Family, the Caste Groups and Panchayats in meeting Human Needs.
- 4. Social Reform Movements; Contribution of Social Reformers of the 19<sup>th</sup> and 20<sup>th</sup> Century and their Contributions to Social Welfare. Bhakti and Sufi Movements A Broad over View. Development of Social Welfare in India after Independence.
- 5. Emergence and Development of Professional Social Work. Basic Principles Of Professional Social Work Practice such as Acceptance, Individualization, Confidentiality & Concern, Critical Analysis, Openness, Self Awareness and the Disciplined use of Self.

# **BOOKS RECOMMENDED:**

1. Wadia, A.R. 1962. History and Philosophy of Social Work Allied Pub.

Bombay.

2. C.C.E.T.S.W. 1972. Values of Social Work, CCETSW, London.

3. Friedlander, W.A., 1958. Concepts and Methods of Social Work, Prentice

Hall, New Delhi.

4. Friedlaner, W.A. Introduction of Social Welfare, Prentice Hall,

NewDelhi.

5. University Grants Review of Social Work Education in India,

Commission, 1980. New Delhi.

6. Jamuna Nag, 1982 Social Reform Movement in Nineteenth Century in

India, RBSA Publisher, Jaipur

# DSC-2A - INDIVIDUAL AND SOCIETY

- 1. The History and scope of Sociology and other Social Sciences relevance of Sociology to Social Work. Contribution of Social Sciences to Social Work.
- 2. Society History, functions, types, characteristics and theories. Broad Elements of Society; Urban, Rural; Tribal Communities Characteristics, Functions, Differences and Problems.
- 3. Culture and Socialization Culture, Concepts, Folkways, Mores, Values, Mechanisms, Agencies and importance, Social Interaction, Social Levels, Process of Cooperation, Conflicts, Accommodation, Assimilation and Integration.
- 4. Social Control: Definition, Meaning, Social Order and Control, Agencies of Social Control. Collective Behaviour; Concept, Meaning, Types; Crowds, Mobs and Study of Collective Behaviour.
- 5. Population: Study of Population, various Concepts and Population Sizes, Social Inequality; Differentiation, Stratification Types, Caste, Class Functions, Consequences of Social Stratification, Social Mobility, Role and Status, Gender Roles and Inequality, Social Change; Types and Areas.

#### **BOOKS RECOMMENDED:**

**3.** Mciver R.M & Page, C.H.1986

**1.** Inkees. A 1982 What is Sociology? An introduction,

Prentice Hall, New Delhi.

2. Horton, P.B. & Hunt, C.L, Sociology.

1976

Society: An introductory Analysis, Mcmillan, Madras.

4. Qumin, James . A. 1963 Sociology – A Spermatic Analysis, J.B Hippincott

Company. N.Y.

5. O Donnell Gerard. 1988 Mastering Sociology The Mac Millan Press

Ltd, London.

**6.** Sutherland L & others 1979 Oxford and IBH Publishing Co. New Delhi.

#### DSC-3A

# SOCIAL WORK PRACTICUM

# **FIELD VISITS**

- 1. Acquire Skills of Observation and Develop a Spirit of Inquiry.
- 2. Develop an Understanding of Society's Response to Social Problems through various services.
- 3. Develop understanding and appreciation and ability to critically evaluate the efforts of voluntary and government programmes.
- 4. Develop an Appreciation of the Significance of Social Work Intervention in these Programmes by Recording:-
- i. Relevant Factual Information about the Client System and the Problem.
- ii. The Selection of Programmes / Strategies for solving the problems and their relevance for the Nature of the Client System and the Problem
- iii. The Role of the Social Worker and its Relevance to the Nature of the Clients' Needs and the Problem.
- iv. Gaps Identified and Suggestions.

# Semester-II

# DSC-1B SOCIAL WORK METHODOLOGY - 1

- Introduction to the methods of Social Work; Definition of Case work, Group work, Community Organisation, Social Welfare Administration and Social Action. Review of historical background.
- 2. Common objectives of Social Work Methods, characteristics, values and principles common to all methods of social work.
- 3. Community organization: Assumptions, Principles, Steps, and Models of Community organization, Techniques used. Concept of Resources.
- 4. Group Work: Specific objectives of Group Work, values and principles and skills in working with groups in different settings.
- 5. Social action : Concept, meaning, types, techniques used. Limitations under certain conditions.

# **BOOKS RECOMMENDED:**

1.	Trekker, Herliegh B. 1970	Social Group Work – Principles and Practice. Association Press, New York.
2.	Johnson C. Louise, 1989. Bacon, London.	Social Work Practice : A Generalist Approach , Allyn 8
3.	Ross, Murray, G.1955	Community Organisation – Theory, Principles and Practice, Harper & Row, New York.
4.	Friedlander, W.A. (ed) 1977.	Concepts and Methods of Social Work, Prentice Hall ,New Delhi.
5.	Skidmore, A. Thackrey, G & Farley, W. 1988.	Introduction to Social Work, Prentice Hall, New Delhi.
6.	Siddique , H.Y. 1984	Social Work and Social Action, Harnam Publication, New Delhi.

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#### Semester - II

# DSC-2B SOCIAL PROBLEMS: CAUSES, CONSEQUENCES AND REMEDIES

- 1. Social Problems: Meaning and definition; Attitudes toward Social Problems. Type of Social Problems; An overview. Social deviance: Approaches, anomie, conflict, labeling and stigmatization. Disorganization: Social Disorganization: Family Disorganization. Individual Disorganization in India.
- Overview National and Regional Social Problem. National Social Problem Broad Overview of Literacy Situation, Status of Women, Youth Unrest, Vulnerable Groups, Weaker Sections. Problems due to social exploitation - Suppression of Scheduled Castes, Scheduled Tribes and other Backward Classes; Exploitation of Agricultural and Industrial Labour Force, Labour in Unorganized Sectors.
- Crime and Juvenile Delinquency Definition and Meaning Types Causative Factors –
  Measures for Prevention and Control. Alcoholism Meaning Process of Addiction –
  Causes Alcoholic Anonymous Measures for Prevention and Control; Drug Abuse –
  Meaning; Types Depressants; Stimulants; Hallucinogenic Drugs; Process of Drug
  Addiction; Measures for Prevention and Control.
- 4. Social Problems arising out of Natural Disasters. Malnutrition and Ill Health: Nutritional Deficiency Diseases, Communicable Diseases, Definition of Health.
- 5. Nature and Ideology of Development and Modernization in India. Social Work Intervention and Strategies to deal effectively with the Social Problems at Individual, Family, Community and Societal Levels.

#### **BOOKS RECOMMENDED:**

1. G.R.Madan 1973 Indian Social Problems Vol. I,II Allied Publishers

Pvt. Ltd. Ahmedabad.

2. Mamoria, C.B. Social Problems, Himalaya Publ.

3. A.J.Fonseca (ed) 1971. Challenge of Poverty in India, Vikas Publication.

4. Ahiya, Ran, 1997 Social Problems in India, Rawat Publication, Jaipur.

5. Sharma, R.N, 1982. Indian Social Problems, Media Promoters &

Publishers, Bombay.

6. Horton, B. Paul & The Sociology of Social Problems, Prentice

Hall, New Jersey.

#### DSC-3B

# **SOCIAL WORK PRACTICUM**

- 1.Develop skills to aid meeting needs of people by participation in the planning and organization of simple specific tasks and learn to involve individuals and groups in the same.
- 2. Develop skills to help individuals and families to understand simple problems.
- 3. Develop knowledge and ability to utilize various community resources and services available.
- 4.Begin to develop professional attitudes conducive to work with individuals, groups and communities.
- 5. Begin to see the relationship between classroom teaching and field practice.
- 6.Begin to use field- instruction for growth.

# Semester-III

# DSC-1C DYNAMICS OF HUMAN BEHAVIOUR-I

- 1. Determinants of Human Development: Biological (genetic) and Environmental factors-Growth and Maturity.
- 2. Prenatal Development 3 Stages. Maternal health nutrition, health status: Physical & emotional health. Blood group & Rh Factor, Addictions, Importance of Antenatal check-up; screening. Parents Adjustment to Marriage & Child Bearing, Deprivation in Development.
- 3. Infancy: Physical Growth, Emotional, Social and Personality Development. Development of Mile Stones.
- 4. Babyhood: Physical growth, Emotional, Social & Personality Development. Development of Mile Stones.
- 5. Preschool Stage;: Physical Growth, Emotional & Personality Development.

1.	Hurlock, Elizabeth, B 1989.	Development Psychology – A Life Span Approach, Tata McGraw Hill, New Delhi.
2.	Breckenridge, Marian, E & E.L. Vincent, 1964.	Child Development WB Saunders, London.
3.	Kuppuswamy B, 1984.	Child Behaviour and Development Vani Educational books, New Delhi.
4.	Goodenough. Florence. H & Tyler, Leona, E. 1959.	Development Psychology. An Introduction to the Study Of Human Behaviour.
5.	Nash, John, 1970	Development Psychology. Prentice Hall, New Jersey.
6.	Smart, RC & Molloie. Smart 1972	Readings in Child Development and Relationships.Light Life Publishers, New Delhi.

# DSC-2C SOCIAL PROBLEMS: CONCEPTS, CAUSES AND CONTROL-II

- 1. Meaning and Concept of Social Deviance : Approaches to the study of Deviance : Anomie: Conflict : labeling and stigmatization.
- 2. Crime and Juvenile Delinquency Definition and meaning Types Causative factors measures for prevention and control.
- 3. Alcoholism Meaning process of addiction causes Alcoholic Anonymous Measures for prevention and control; Drug Abuse Meaning; Types Depressents; Stimulants; Hallucinogenic drugs; Process of drug addiction; measures for prevention and control.
- 4. Problems due to social exploitation suppression of Scheduled castes, Scheduled Tribes and other Backward classes; Exploitation of Agricultural and Industrial Labour force, labour in unorganized sectors.
- 5. Nature and Ideology of development and modernization in India. Social Work intervention and strategies to deal effectively with the Social Problems at Individual, family, community and societal levels.

#### **BOOKS RECOMMENDED:**

1. G.R.Madan 1974. Indian Social Problems , Allied Pub.,

Ahmedabad.

2. Trojanwicz R.C.& Morsah M. Juvenile Deliquency. Prentice Hall Inc. Engle wood

Cliff, 1983 New Jersey.

3. Sena, B & Pati, R.N (ed) Aged in India, Ashish Pub., New Delhi.

4. Tobin, S.Liekesman. Last Home for the Aged, Dorsey Pub., San

Francise.

5. Desai A.R (ed) 1986 Agrarian Struggles in India after, Independence,

Oxford, Delhi.

# **DSC-3C: SOCIAL WORK PRACTICUM**

- 1. Develop understanding and ability to critically analyse various problems and needs of the individuals, groups and communities.
- 2. Develop knowledge about community resources and services and utilize them independently and effectively.
- 3. Develop Process Oriented Skills in Working with Individuals, Families, Groups And Communities in Relation to Tasks.
- 4. Learn to Integrate Theory With Practice.
- 5. Plan and Organize Tasks Independently and Evaluate them.
- 6. Utilise Practice Principles based on Professional Social Work Values.

# Semester-IV

# DSC-1D DYNAMICS OF HUMAN BEHAVIOUR-II

- 1. Adolescence Meaning & Implication. Development tasks, Physical, Psychological & Social implications, and needs.
- 2. Adulthood: Vital roles & responsibilities. Middle age-crisis and adjustment and needs.
- 3. Aging physical, psychological & social implications. Disability, dependence and death, implications for aging-care of the elderly.
- 4. Perception: Nature and Meaning. Types of Perception. Factors influencing perception.
- 5. Adjustment in life: Maladjustment, Factors in Adjustments, Stress, Frustration, Coping Mechanisms and Defense Mechanisms.

1.	Morgan, C.t., King, R.A & Robinson, Nancy R.1979.	Introduction to Psychology, McGraw Hill, New Delhi.
2.	Parameswaran E.G.&	Invitation to Psychology, Tata McGraw Hill, New C.Beena, Delhi.
3.	Jersild, A.T.1963.	The Psychology of Adolescence.The Macmillan Co., London.
4.	Garrison, K.C & Garrison K.C, 1975.	Psychology of Adolescence Prentice Hall, New Jersey.
5.	Perlman, Helen, H.1968.	Persona – Social Role and Personality, Chicago Press, Chicago.
6.	Hurlock, Elizabeth, B, 1989.	Development Psychology – A Life-span Approach, Tata McGraw Hill, New Delhi.
7.	Hendricks, J& Hendricks, C.D.	Aging in Mass Society- Myths and Realities , Winthrop Publ. Massachusetts.

# DSC-1B SOCIAL WORK METHODOLOGY-I

- 6. Introduction to the methods of Social Work; Definition of Case work, Group work, Community Organisation, Social Welfare Administration and Social Action. Review of historical background.
- 7. Common objectives of Social Work Methods, characteristics, values and principles common to all methods of social work.
- 8. Community organization: Assumptions, Principles, Steps, and Models of Community organization, Techniques used. Concept of Resources.
- 9. Group Work: Specific objectives of Group Work, values and principles and skills in working with groups in different settings.
- 10. Social action : Concept, meaning, types, techniques used. Limitations under certain conditions.

7.	Trekker, Herliegh B. 1970	Social Group Work – Principles and Practice. Association Press, New York.
8.	Johnson C. Louise, 1989. Bacon, London.	Social Work Practice : A Generalist Approach , Allyn &
9.	Ross, Murray, G.1955	Community Organisation – Theory, Principles and Practice, Harper & Row, New York.
10.	Friedlander, W.A. (ed) 1977.	Concepts and Methods of Social Work, Prentice Hall ,New Delhi.
11.	Skidmore, A. Thackrey, G & Farley, W. 1988.	Introduction to Social Work, Prentice Hall, New Delhi.
12.	Siddique , H.Y. 1984	Social Work and Social Action, Harnam Publication, New Delhi.

# DSC-3D SOCIAL WORK PRACTICUM

- 7. Develop understanding and ability to critically analyse various problems and needs of the individuals, groups and communities.
- 8. Develop knowledge about community resources and services and utilize them independently and effectively.
- 9. Develop Process Oriented Skills in Working with Individuals, Families, Groups And Communities in Relation to Tasks.
- 10. Learn to Integrate Theory With Practice.
- 11. Plan and Organize Tasks Independently and Evaluate them.
- 12. Utilise Practice Principles based on Professional Social Work Values.

#### **SEMESTER V**

# **GE-1 SOCIAL POLICY AND SOCIAL PLANNING**

# Unit I:

A brief Historical Development of the Constitution of India; Preamble of the Constitution; Salient Features of Indian Constitution; Provision of the Citizens in the Constitution.

Social Policy: Definition and Meaning; Objectives of Social Policy; Residual and Institutional Concepts of Social Welfare; Basic Issues concerning Social Policy; Equality Vs Equity; Universalism Vs Selectivism

# Unit -II

Planning in India – Meaning of Planning and Development Planning; Types of Planning; NITI Ayog; Composition and Functions, An Overview of Five Year Plans in India

Gandhian Approach to Development; Role and Place of Social Worker in Policy, Planning and Development

# DSC-1E SOCIAL WORK METHODOLOGY-II

- 1. Importance of the method; values and basic principles underlying working with individuals. Viz., acceptance, confidentiality, non biased attitude, client participation.
- 2. Major components in the method: person, problems, process, place (setting organization/ agency).
- 3. Communication: Techniques of listening, giving feedback, verbal and non-verbal communication; Relationship: Initiating contact and collecting information and sustaining a professional relationship, awareness of the role of self in this relationship, Importance and use of recordings. Termination/ transfer/ referral.
- 4. Role of the Social Worker in different settings for working with Individuals. Interviewing techniques. Phases in the problem solving process from initial contact to termination, multiple client interviewing.

1.	Friedlander, W.A, 1978	Concepts and Methods of Social Work, Prentice Hall, New Delhi.
2.	Biestick, F.P.1957	The Case Work Relationship, George, Allan & Unwin. London.
3.	Perlman, H.H. 1957	Social Case Work : A Problem Solving Process, University of Chicago Press, Chicago.
4.	Hamlinton, G.1940	Theory and Practice of Social Case Work, Columbia Univ. Press, New York.
5.	Mathew G.1992.	An Introduction of Social Case Work, TISS, India, Printing House, Bombay.

# DSC-2E SOCIAL WELFARE ADMINISTRATION-I

- 1. Concepts of Social Work administration and need for Social Work Administration.
- 2. Types of organizations for services, structure and characteristics.
- 3. Management processes- decision making, communication, leadership, fund raising and budgeting, staffing pattern.
- 4.Registration of organization. Innovation and organizational development in social welfare organizations.

#### **BOOKS RECOMMENDED:**

1. Choudhari, D. Paul, 1983 Social Welfare Administration, Atma

Ram & Sons, Delhi.

2.Skidmore, A.1983. Social Work Administration, Prentice Hall,

New Jersey.

# DSC-3E SOCIAL WORK PRACTICUM

- 1. Develop knowledge of psychological and social problems impeding the social functioning of individuals and groups.
- 2. Develop understanding and appreciation of agency's efforts.
- 3. Develop ability to analyse agency's structure and function, and make efforts to effect changes in the components of service delivery where gaps are located.
- 4. Learn to utilize selectively all the methods of social work, i.e., an integrated approach to problem solving.
- 5. Assume leadership in planning, organizing and evaluating different projects of the agency.
- 6. Undertake simple survey and administrative tasks.
- 7. Undertake supervision of para-professionals and learner volunteers.
- 8. Critically evaluate existing community resource and suggest/initiate new services.
- 9. Internalize professional attitudes and values.
- 10. Use field- instruction to integrate development of the professional person.

# **DSE-1E DISABILITY AND REHABILITATION**

- Unit 1: Introduction to Sensory Disability, Types of Sensory Disability, Hearing Impaired, Visually Impaired
- Unit 2: Assessment and Identification of Needs in Mental Retardation, Intellectual Disability History, Causes and Prevention, Categorization and Characteristics
- Unit 3: Impact of Disability on Education System, Current trends in India, Special Schools and Colleges for Differently abled children, Role of Social Work in Special Schools

Unit 4:Inclusive Education, Changing Patterns in Education of Children with Disability (Segregation, integration and inclusion), RCI (Rehabilitation Council of India) Act 1992 in India, Need, Areas of Functioning and Importance, VRC (Vocational Rehabilitation Centres in India)

- 1. Disability Society-Benn Adlakhe—Black swan 2009.
- 2. Community psychology—Jullion Pappost-Holi, Rineharry & Winsten-1977.
- 3. Mental Retardation Kinesiology & First Aid Rehabilitation, Council of India- Kaniska Pub-2006.
- 4. Mental retardation and learning national psychological corporation 1984
- 5. Introduction to hearing impaired- R.RAHGASAYEE,RCI,kaniskha pub.2006

# DSE-1E AGEING, DISBILITY AND SOCIAL WORK

UNIT I: Gerontology: Concept, definition and growth of Gerontology - Factors contributing to the problems of the elderly – socio-economic, emotional and health problems of the elderly.

UNIT II: Neglect and abuse of the elderly, Problems of female elderly work, with care takers.

UNIT III: Programmes for the elderly: International and national Constitutional and legislative provisions. National Policy on older persons, Maintenance and Welfare of Parents and Senior citizens Act 2007, Institutional and Non-Institutional services for the welfare of the elderly.

UNIT IV: Professional social work practice: Professional social work practice with the elderly. Role of government and non-governmental agencies, HelpAge India - Objectives and functioning of HelpAge India.

#### References:

- 1. Binstock, R.H & Shanas, E (Eds) (2002) Hand book of Ageing and the Social Sciences, New York, D.Van Nostrand
- 2. Desai, K.G.(1982). Aging in India, Mumbai: TISS..
- 3. Marshal, M. (1993). Social Work with old-people, London: Macmillan Press.
- 4. Sharma, M.L. and Dak, T.M. (Eds.) (1987). Aging in India, New Delhi: Ajanta Publications.
- 5. Shubha, S. et. a;. (2000). Senior Citizens Guide, New Delhi: Help Age.

#### DSE-1E SUBSTANCE ABUSE AND REHABILITATION

- Unit 1: Introduction- Meaning, definition indications, causes, symptoms High risk behaviours.
- Unit 2: Health and social problems of substance misuse:- mental, psychological, emotional, physical and other Dangers of underage addiction.
- Unit 3: Role of Media: linking advertising and substance misuse behavior.
  Impact on family and Society: Ethics and laws of the land Impact on family and society; ethics and laws of the land.
- Unit 4: Role of Social work in prevention and rehabilitation: intervention, motivation, support and referrals.

- 1. Perspectives in disability and rehabilitation R.S.Pandey Vikas Foundation-1995
- 2. Fields of social work practice- B.S.Gujjal Baraha Pub-2010.
- 3. Community Psychology- Jullion Reppaport-Holt Rinehart & Winston-1977
- 4. Rehabilitation of Psychology Handicapped- Laxshmi Prasad-kourk Pub-1994

#### DSE-2E YOUTH DEVELOPMENT

UNIT 1: Youth: Concept – Youth as age Category, as transitional stage, as social Construct. Demographic profile of Indian Youth. Theories on Adolescence: Youth Development: Concept- Youth Development Index based on Human Development Index dimensions – Education, Income and Health. Sustainable Development Goals of the United Nations Organization. (Skill development)

UNIT 2: Positive Youth Development: Conceptual Understanding of Positive Youth Development (Competence, Character, Confidence, Connection and Caring). Community engagement framework for youth development –Factors promoting and hindering youth engagement in the Community.

UNIT 3: Youth Policy & Programs: Policy- Policy Development framework – Essential features of National Youth Policy of India (2014). National Programme for Youth & Adolescent Development (NPYAD) of Government of India. Organizations involved in Youth Development: United Nations Population Fund (UNFPA), International Youth Foundation, Restless Development and Rajiv Gandhi National Institute of Youth Development (RGNIYD).

UNIT 4: Role of Social work in Youth development. Promoting social emotional, spiritual and mental well being of youth, connecting the youth with communities and Nation.

- 1. Youth-Participation and development by D.Paul Choudhary- Atma Rao and sons 1988.
- 2. Youth in India \_ Saraswathi-ICSSR-1988.
- 3. Fields of social work practice- B.S.Ganjal Braha pub-2010
- 4. Social Welfare administration ICSSR- Dr. Sachdeva, Kitabmehal Pub-1990.

#### DSE-2E SOCIAL WORK WITH CHILDREN AT RISK

- Unit 1: Introduction, Definition and who are children at risk?
- Unit 2: Children at Risk for Emotional/ Behaviour Disorders
- Unit 3: Children at Risk, Street Children, Sexual Abuse on Children, Addiction, Violence among children
- Unit 4: Children Disability, Being a Young Single Parent, Abundant Children, Orphans, Single Parent Case Studies. Role of CWC (Child Welfare Committee, JJB (Juvenile Justice Board), Child Line: 1098

- 1. India's Children—A.K. Shiva Kumar, Oxford pub 2015.
- 2. Child Welfare and development—D.Paul Choudhary, Atma Rao and sons, 1985.
- 3. Fields of social work practice—B.S. Gunjal Buraha-2010.
- 4. Child labour and child rights M.M.Rehman, Marak Pub-2002.
- 5. Child sexual Abuse:--Kathleen -Mac milam 1988.

#### DSE-2E SOCIAL WORK WITH ADOLESCENTS

Unit I- Introduction to adolescence: Meaning & Historical perspective, period of Adolescence, Biological & Physical changes, Adolescents & Culture

Unit II-Socialization: Adolescent & Parents, Adolescent activities & associations, Adolescent& habits, behavior Patterns, Social class differences.

Unit III- Adolescent & Influences: Students unions, Political, antisocial elements adolescents' crisis of identify: Recognition problems, independent behavior. Teenage Marriages, Addictions.

Unit IV-Adolescent Problems: Dropout from School, College & labour market, Child Labour, Child marriages.. Social work intervention: Preventive Methods: Creating awareness on Acts, referral services, YUVA, Juvenile homes & rehabilitation centers.

#### References

Childhood & Adolescence A Psychology of the Growing Person L. Joseph Stone (Vassar College)

Joseph Church

Brooklyn College of the City University of New York.

Psychology of Adolescence

Karl C. Garrison (Professor Emeritus, University of Georgin)

Karl C. Garrison JR (Columbus College)

Stress in Children

Edited by Ved P Varma (University of London Press Ltd)

Child Development & Socialization

JEREE. BROPHY (Michigon State University)

Perspectives in Child Psychology

Research & Review

Edited by Thomos D. Spencer and Norman Kass International Student Edition.

#### **DSE-3E SOCIAL ENTREPRENUERSHIP**

- Unit 1: Introduction to Social Entrepreneurship: Definition, Concept, History, types and Characteristics.
- Unit 2: Social Enterprise: Creating Social change, Business opportunity, Community asset mapping, Social Innovation, Role of Social Innovation: Creating Social Impacts: Defining impact, Designing and Assessment of impact, Economic value and Social impact.
- Unit3: Leadership and Management Skills: Building sustainable models, managing Organisational change, Negotiating and Evaluating.
- Unit 4: Social Entrepreneurship and Social work: Social Entrepreneurship vs Charity, Creating Sustainable Impact, Fund raising and Networking.

#### **References:**

- 1. Introduction to Social Entrepreneurship by Teresa, Chahine 2016
- 2. How to change the World, Social Entrepreneurs and the power of new Ideas. By David Bornstein. 2004. Oxford University Press.
- 3. the secret of Leadership. By Prakash Iyer, 2017.
- 4. I Have a Dream. By Rashmi Bansal, 2016
- 5. The Solution Revolution By William Eggers and Paul Mac Millan.2014

#### DSE-3E

# Management of Developmental and Welfare Services

#### UNIT I

Social Services: Need for welfare and developmental organisations. Factors determining social welfare programmes, Development and Welfare organizations' response to societal needs; role of state, voluntary and corporate sector.

Management services: Types of settings, organizational characteristics like origin, nature, size, structure, and design, organizational climate and impact of sociopolitical environment - Management process: Vision, Planning, Organizing, Directing, Staffing, Coordination, Reporting, Budgeting.

Establishment: Registration, different types of legislations, legal status, constitution, rules and procedure, goals - Financial resources: Organizational Budget, Sources of finance, Fund Raising, Records, Audit.

#### UNIT I

Physical: All activities related to acquiring, hiring and maintaining importable structure and infrastructure, maintenance of premises and daily upkeep.

Enhancing the involvement and the potential of people in organization's executive boards, committees; professionals and other staff-relationship, communication, team work, and facilitating team building, supervision, and participation in training.

#### **UNIT III**

Programme Development: Programme management: long term, short term, and Documentation.

Project proposals based on felt-needs, nature of resources, eligibility criteria, records, evaluation and research.

Impact analysis - Qualitative and quantitative.

#### **UNIT IV**

Public Relations: Public relations need and its promotion by all in the organisation. Representing the organization, networking, public, corporate and voluntary sector, resource building, accountability, transparency, use of media for publicity.

Change and its Management: Understand and manage change, innovation in a rapidly changing social environment: for policy programmes and structure.

Organizational understanding: Conflict, conflict resolution, creating positive climate.

# REFERENCES

1. Choudhari, D. Paul. 1983	Social Welfare Administration, Delhi: Atma Ram and Sons.
2. Garain, S. 1998	Organizational Effectiveness of NGOs, Jaipur: University Book House.
3. Garain, S.	Towards a Measure of Perceived Organizational Effectiveness in Non-government Organization,

# DSE-3E MONITORING AND EVALUATION OF PROJECTS

# Unit - I

Project Evaluation and Monitoring of Projects: Introduction, Concept, Aims, Objectives, Purposes, Key features and Importance.

#### Unit- II

Relevance of Monitoring and Evaluation in Project Management, Strategies for Monitoring and Evaluation, Engagement of stakeholders in monitoring and evaluation, Tools for monitoring and evaluation

#### Unit- III

Project Monitoring- monitoring cycle, steps in monitoring, levels of monitoring- process monitoring and output monitoring, indicators of monitoring

#### Unit - IV

Project Evaluation – Purpose, needs, types of evaluation; Evaluation focus- Objectives and goal, decision, user, and response focused; Steps in evaluation. Creating Management information System, Project appraisal: Meaning and techniques.

#### **BOOKS RECOMMENDED::**

- 1.Ghosh, A.S. (1990) Project Management. Anmol Publishers. New Delhi. Coninck, John De; Chaturvedi, Hilesh; Haagsma, Ben.(2008), Planning,
- 2.Monitoring and Evaluation in Development Organisations: Sharing Training and Facilitation Experiences, Sage Publications, New Delhi
- 3. Bhattacharya, Sanjay. Social Work Intervention and Management,. Deep and Deep Publications, 2008

Coley, Soraya M., and Cynthia A. Scheinberg. *Proposal Writing: Effective Grantsmanship for Funding*. SAGE Publications, 2016.

#### SEMESTER-- VI

# GE-2 HUMAN RIGHTS, SOCIAL JUSTICE AND SOCIAL WORK

UNIT I. Human Rights – Evolution of human rights, UN Charter on Human Rights. International Covenants and treaties, India's position in this context. Indian Constitution – preamble, fundamental rights and directive principles of state policy. Law as an instrument of achieving social justice in India. Legal aid as an instrument of Human Rights – a critical review.

UNIT II. Human Rights and Social Justice concerns in Indian society – inequality, injustice and oppression; social, economic, political structures of Indian Society. Role of social work in relation to Humanism. Human rights and social justice, public interest litigation. Role of advocacy, role of social action. national and international initiatives. NHRC, Amnesty International, Civil Liberties.

# **DSC-1F COUNSELING FOR SOCIAL WORKERS**

- Counselling Meaning and Concept.Use of Skills and Techniques, Steps in Counselling. Models of counseling. History taking – diagnosis and assessment, analysis and interpreting the information.
- Treatment Approaches in Counselling.
   Reality Therapy, Transactional Analysis, Behaviour Modication, Family Counselling,
   Marital Counselling, Group Counselling, Crisis Intervention.
- Counselling for Alcoholics, Drug Addicts, Rape Victim Extra Marital Relationships, Wife Batterer, Dowry Harassed, AIDs patients.
- 4. Personality and Growth of a Counsellor.

#### **BOOKS RECOMMENDED:**

1. Baruth.G. Leroy and An Introduction to the Counselling Robinson H.Edward, 1987 Profession, Prentice Hall: London.

2. Coulshed, Veronica, 1988 Social Work Practice, Macmillan Education

Ltd.:London.

3. Duane Brown and An introduction to Counseling David, J. 1988. Profession, Prentice Hall: New York.

4. Hansen, Stevic and An introduction to Counselling. Warner, 1982.

5. Nicolson Paula and Applied Psychology for Social Workers. Bayne Rowan,1984.

6. Richard Nelson Jones, 1983. Practical Counselling Skills, Cassell Educational Ltd.: London.

7. Turner Francis, 1974. Social Work Treatment, Free Press: New York.

8. NACO – HIV/AIDS Training Module for Counsellors.

# **DSC-2F- Social Welfare Administration II**

# <u>Unit – 1</u>

Evolution of social welfare administration. Introduction of concepts like public administration, social services, social welfare services and social security.

# <u>Unit – 2</u>

Tools and techniques: resource mobilization, budgeting and accounting, social cost benefit analysis, staffing, recruitment, supervision and personnel development.

# <u>Unit – 3</u>

Administration of institutional and non-institutional programmes: Administrative structure for sponsored welfare programmes. At central, state and district levels.

# <u>Unit – 4</u>

Accountability in social welfare organizations. Recent trends in social welfare administration

# **BOOKS RECOMMENDED:**

Choadhry D. Paul Social welfare administration, 1983

Skidmore. R. Social work administration, 1983

Harry Specht Integrating social work practice

Annie Vickhry

Bose A.B. Social welfare planning in India

ESCAFE (mimeo), New Delhi, 1970

# **DSC-3F SOCIAL WORK PRACTICUM**

- 1.Develop knowledge of psychological and social problems impeding the social functioning of individuals and groups.
- 2. Develop understanding and appreciation of agency's efforts.
- 3.Develop ability to analyse agency's structure and function, and make efforts to effect changes in the components of service delivery where gaps are located.
  - 4.Learn to utilize selectively all the methods of social work, i.e., an integrated approach to problem solving.
    - 5. Assume leadership in planning, organizing and evaluating different projects of the agency.
    - 6. Undertake simple survey and administrative tasks.
    - 7. Undertake supervision of para-professionals and learner volunteers.
    - 8. Critically evaluate existing community resource and suggest/initiate new services.
    - 9.Internalize professional attitudes and values.
    - 10.Use field- instruction to integrate development of the professional person.

#### DSC-1F COMMUNICATON & SOCIAL WORK

- UNIT I- Communication: Meaning and importance of communication, Process of communication: Key elements in the communication process communication, message, audience; channel of communication. Verbal and non-verbal communication
- UNIT II Basics of communication; Education and communication for national development, Interpersonal communication: Interviewing objectives, principles of interviewing; listening, qualities of effective communicator.
- UNIT III Seminars, conferences, lecturers, group discussion, panel discussion, symposium, workshop, role playing, simulation exercise, written communication, report writing, letter writing, article/essay writing, games, brain storming, street play, field work exposure. Planning and executing a communication campaign on an issue using various methods of communication
- UNIT IV Visual aids in communication: Poster making, use of notice boards, flip charts, charts, flash cards, photographs, pamphlets, slide shows. Mass Communication: Television, exhibition, newspapers and magazines, advertisements, radio, film, VCD/DVD,e-Mail, internet. Impact of mass communication on society, family, marriage and child development.

- 1. Specialist Communication skill for Social Workers, Developing professional Capability, 2<sup>nd</sup> Edition by Johanna Woodcock Ross, Palgrave Mac Millan.
- 2. Professional Communication skills in Social Work by Nancy Fidell, denise smile, Allyn & Bacon/Pearson, 2008.
- 3. Communication in Social Work. by Peter Russel Day, Pergamon Press.
- 4. Essential Communication Skills by Shalini Agarwal Ane Books pvt. Ltd.

#### DSC-1F SCHOOL SOCIAL WORK

Unit-1: Societal function of Education :- School as a social system, interface of school and community.

Unit- II: Promoting health and well being: Effective intervention for individual problems in relation to behavior, addictions, truancy, adjustment and others.

Unit- III: School dropout and absenteeism:- Study the causes, preventive measures, identify and use of effective out comes.

Unit- IV: Counselling in school environment:- identify issues and addressing them. Relationship between teachers and students, parents, Social work services & referral services, Social & Emotional & Education assessment.

.

- 1. Violence in schools, issues consequences, expressions, praegar publication Chennai 2005, Kathy sexthon- Redek.
- 2. The school Counselor, methwin and co. ltd, London 1973, Kane Williamson.
- 3. Emerging models of practice in India, common wealth publishers, new Delhi, 1990, by Anjali Gandhi, School Social Work.
- 4. Margaret Robinshon, scholls and social work, Rouledge and kegan paul, London 1978.
- 5. Robert J.Contable, John P.Flynn, school Social work, practice and research perspectives the Dorsy Press Chicago, 1982.
- 6. Nivelle jones and john sayer, Management and the Psychology of schooling, the farmer press, Newyork,1988.

#### DSE – 1F SOCIAL WORK AND WEAKER SECTIONS

- Unit -1: History: Who are Weaker Sections; why do they still remain as weaker Sections; t Govt. approach to the problem ever since Independence. Experiences and lessons learnt.
- Unit 2: Weaker Sections: Legislation; Constitutional Safeguards and draw backs.
- Unit -3; Social Work approach: To the problem of Weaker Sections; Social Work man power for the Development of Weaker Sections. Curriculum for Social Work training;
- Unit 4 :Developing Weaker Sections; Dr.Ambedkar and Mahatma Gandhi as Social Workers and their approach. Weaker sections and economic conditions ,poverty ,social stigma and social inclusion.

- 1. Social Work Education and Development of Weaker Sections by Sugal Das Guptha , M S Gore, T K.Nair & K D Gangrade and T N Kitchlu
- 2. Sociology by C H Shanker Rao

#### **DSC-2F POPULATION AND ENVIRONMENT**

Unit - 1 HISTORY: World population: salient features of world population and growth; Demographic facts and trends; Population explosion: developing countries, Under developed countries and impact.

Unit -2: Population Explosion; Effects, policies. Family planning; Objectives, Awareness,: Scope of family planning services limitations and family welfare.

Unit -3: Population and Environment; Natural resources Technology and reverse impact on Environment: exploration; Imbalances on planet Earth; Earth quakes: Tsunamis; Drastic climatic changes: Impact on Agriculture: Food production and Global Warming

Unit – 4: Population and Pollution; Air, WATER, land and Food; Impact on Environment, People, Flora and Fauna: Irreversible impact of pollution; Health Hazards, Deprival of basic Health demands, endangering survival of Life on Planet Earth. Consequences of overpopulation: impact on economy, social, health, infrastructure.

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#### **Books for reference:**

1 Population in India's Development

Ashis S Bose
P B Desai
J N Sharma
2 Sociology and Population

David M Heer

3Sociology .An Introduction C H Shankar Rao

#### DSC-2F RURAL MIGRATION AND URBAN SETTLEMENTS

- Unit- 1: Introduction: Urban Community, Rural Community, Rural and Urban Sociology. Nature, Characteristics and theories of Slums
- Unit -2: History of Migration Industrialisation Modernisation Reasons for migration Problems in migration.
- Unit 3: Rural and Urban Settlements –Settlement Types of Settlements Types of Settlement Pattern Problems of growing slums and perspectives.
- Unit 4: Migration Eradication Programmes Community Development Programmes Income generation Programmes Employment generation programmes Empowerment Programmes. : Administration: Role of Administrations and Voluntary Agencies for Slums.

- 1.Bidyut Mohanty, Urbanisatioin in Developing Countries, Concept publishing company, New Delhi,
- 2.Dr. Sudha Kaldate, Slums and Housing Problems, Printwell Publications, Jaipur, India
- 3.S.M. Dahiwale, Rural Poverty and Slums, Rawat Publications, New Delhi.
- 4. R.K. Khosla, Rural and Urban Development of India, Indian Publishers and Distributors, Delhi, 2000.

#### DSC-2F TRIBAL COMMUNITY: ISSUES & CONCERNS

Unit- 1:Tribal Introduction – Concept, Definition, Characteristics, Classification of Tribes in India, Scope of social work intervention in tribal welfare

Unit – 2:Tribal Development –origin and approaches of Tribal Community Development – Impact of 5 year plans on Tribals Development –Forest rights to tribals – Joint Forest management

Unit – 3: Constitutional Rights – Fifth Schedule & Sixth Schedule, Innovative Intervention in Dalit and Tribal Empowerment - Education Institutions

Unit – 4:Rehabilitation & Resettlement Act – legislation related to land, encroachment, eviction, tenancy law,Role of NGOs in Rehabilitation of Tribes :Case studies of Tribal Movements – Chipko movement, Narmada Bachao Andholan, SardarSarovar Dam

Christophy Von FurerHaimendorf	Tribes of India; the struggle for survivalOxford
	University press, Delhi, 1985
L.P.Vidyarthi&BinaykumarRai	The tribal culture of IndiaConcept publishing
	company, New Delhi, 1976
Devendra Thakur and D.N. thakur	Tribal Development and planningDeep and
	Deep publications, New Delhi, 1995
Singh J.P. &Vyas N.N.	Tribal Development Past Efforts and New
	Challenges, Himanshu Publications, Udaypur,
	<u>1989.</u>
NadeemHussain	Tribal India Today, Harnam Publications, New
	Delhi, 1988.

#### DSC-3F PROFESSIONAL GROWTH AND DEVELOPMENT

UNIT I: Enhancing life skills: decision-making, time and money management, building and sustaining bonds-relation, collegial and personal.

UNIT II: Communication: Developing skills and knowledge of reading, writing, creative writing, report writing and public speaking.

UNIT III: Values, attitudes and professional ethics: Study of professional ethics, their role in life. Value conflict; value clarification. Stress/Burn out self help methods stressors, nature and impact of stress and burnout.

Coping mechanisms

UNIT IV: Spirituality and Growth: Understanding spirituality and its place in personal and professional life.Developing conscious behaviour patterns for day-to-day functioning and professional practice.

- 1. Gross bard, H. 1954. 'Methodology for Developing Self-Awareness' Journal of Social Casework, Vol. XXXV, No.9 November. 1954 371-379.
- 2. Becavar D (ed) . 1997. *The Family, Spirituality and Social Work*. Journal of Family Social Work, Vol. 2, No, 1997.
- 3.Burke, R.J. 1982. Personality, Self-Image and Situational Characteristics of Effective Helpers in Work Settings. The Journal of Psychology. Vol. 112, 213.
- 4.Crum, J.K. 1976. The art of inner-listening. Theosophist 97 (8), May 1976, 64-65
- 5.Ramkumar, O. 1970. 'Intelligence and Self-concept,' *Education and Psychology Review* 10(3) July 1970, 154-57.
- 6.Singh, N.P. 1970. 'The Concept of Self in Modern Psychology,' *Indian Education Review* 5(1) January 1970.84-99.

#### DSC-3F LEGAL SYSTEMS AND SOCIAL WORK

Unit I: The Preamble f the constitution, Salient features of Indian Constitution

Unit II: Citizenship, Fundamental Rights, Fundamental Duties and Directive Principles of State Policy.

Unit III: Legislations: Child Marriage Restrain Act, Widow Remarriage Act, Equal remuneration Act, Maternity benefit Act, Employees state insurance Act, Juvenile justice Act, Abolition of untouchablity Act etc.

Unit IV: Welfare services for weaker sections: Constitutional safe guards for SC & STs, Representation in legislatures, reservations in services, commissioner for SC &STs, Constitutional safe guards for Bcs, safe guards for the protection of minorities in the constitution, National commission on women, Child welfare in India constitutional provisions: Law & Social Work:

- 1.Introduction to the constitution of India by Dr. Durga Das Basu, 19<sup>th</sup> edition reprint 2003.
- 2. Social Welfare Administration in India by Dr. DR Sachdeva
- 3 .Social Advocacy-perspective of Social Work by Aranha T, Bombay college of Social Work.
- 4 .Alternatives in Development: Law, the crisis of the Indian Legal System Buxi.U 1982, New Delhi: Vikas Publishing House.

#### DSC-3F CONTEMPORARY SOCIAL ISSUES AND CONCERNS

Unit I: Women Issues: Changing gender roles; Problems of working Women; Trends in Divorce;

Unit II: Women: Health; Alcoholism; Smoking; Fertility issues and Surrogacy;

Unit III: Effectiveness of Policies: Vehicular Air Pollution; Disposal of Agricultural waste; Disposal of Plastic and technical issues

Unit IV :Water related Issues: Water harvesting projects; Water movements (Rajasthan, Ganga valley projects); Save lakes and Water recycling Food and Health Issues: Organic food; Natural farming; genetically modified food; Multi cropping methods and Research

- 1. Indian Social Problem a Sociological Perspectives By C.N.Shankar Rao.
- 2. Social Problem in India Room Ahuja.
- 3. Social Problems issues and Perspectives by Vani Prabhakar.